

The Power of One – You Make the Meaningful Difference

Sheila Bell & Lori Garland Parker

1. The Power of One ~ *Is there an “I” in team?*

- What qualities (traits, behavior, talents) are necessary to create teamwork?
- What *individual* qualities (traits, behavior, talents) are necessary to create teamwork?

2. The Power of Choice ~ *Life is created by the choices we make. The Power of One is a choice.*

- Professionalism
- Integrity

3. The Power of Perspective ~ *How we see the world is colored by our own beliefs and experiences.*

- How does perspective influence our approach with people and with problem solving?
- If we could look through each other’s eyes, even for a moment..._____

4. The Power of Habit ~ *Habits are at the heart of our results.*

- Two basic types
 - Considered
 - Autopilot

5. The Power of Confidence ~ *What would you attempt to do if you knew you could not fail?*

- Confidence leads to _____
- Lack of confidence leads to _____
- Fear leads to _____

6. The Power of the Question ~ *The answers are in the questions.*

- Using Questions
 - As a tool

- Asking the right questions
 - What
 - How
 - Focused on Action

- Listening is one of _____

7. The Power of Intention into Action ~ *Energy flows where our intention goes...*

- Envision the result
- Action leads us to _____ and requires _____.

➤ **How will YOU choose to use The Power of One?**

- Choose one thing today you will take action on...
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